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England

Healthy and Resilient Communities: PHE's contribution to the National Adaptation Programme

ARCC Network Assembly, 2014: Urban areas as systems: adapting for the future
Birmingham 10 June 2014

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ExtremeEvents@phe.gov.uk



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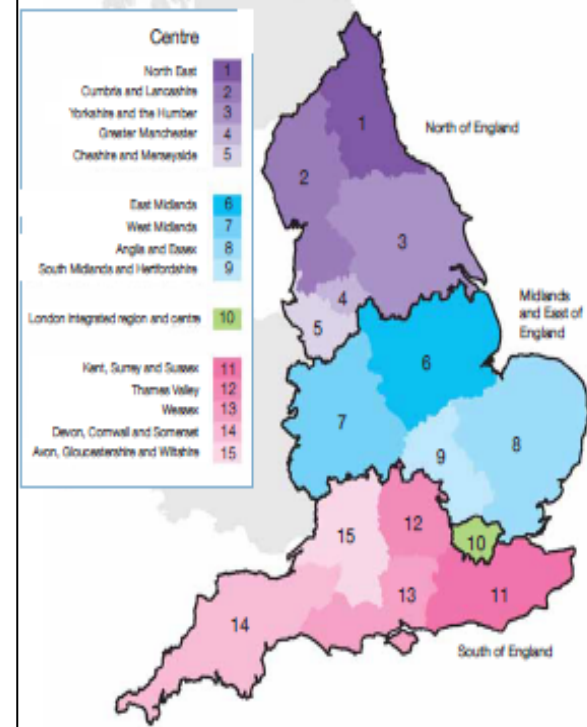
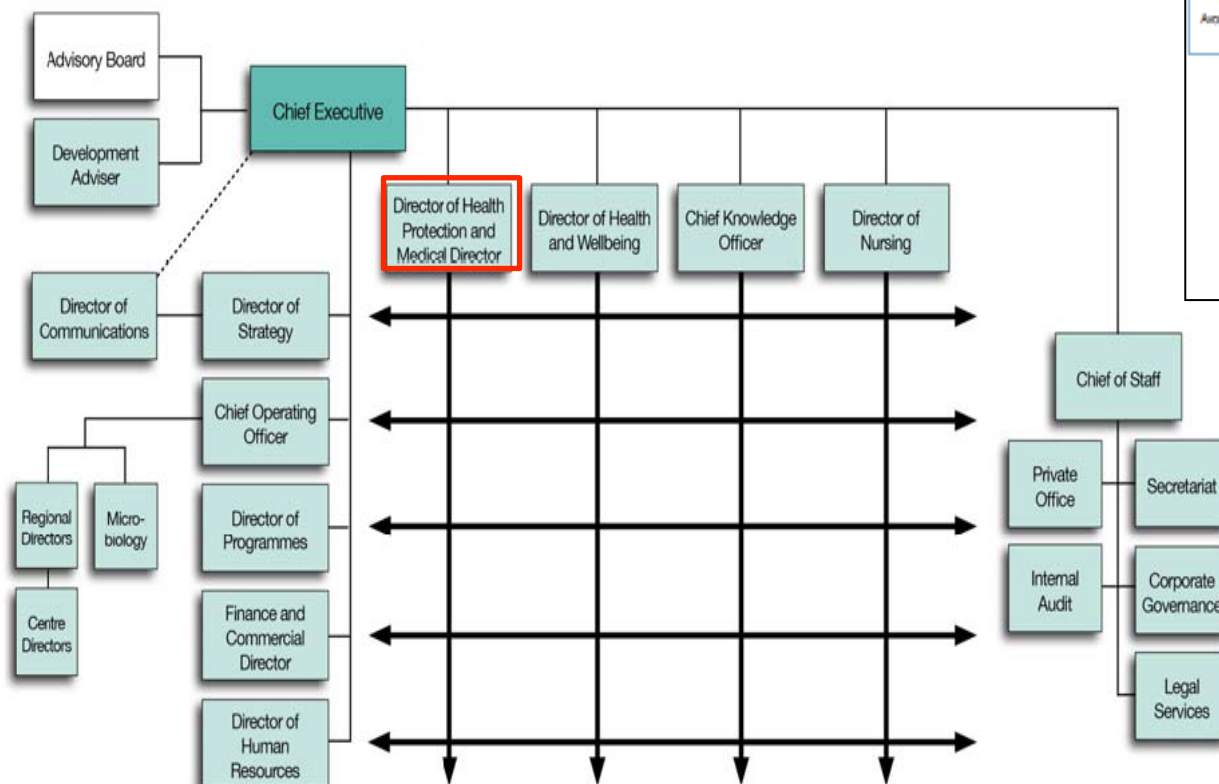
What we do

We **work with** national and local government, industry and the NHS to **protect and improve the nation's health** and support healthier choices. We are **addressing inequalities** by focusing on removing barriers to good health.



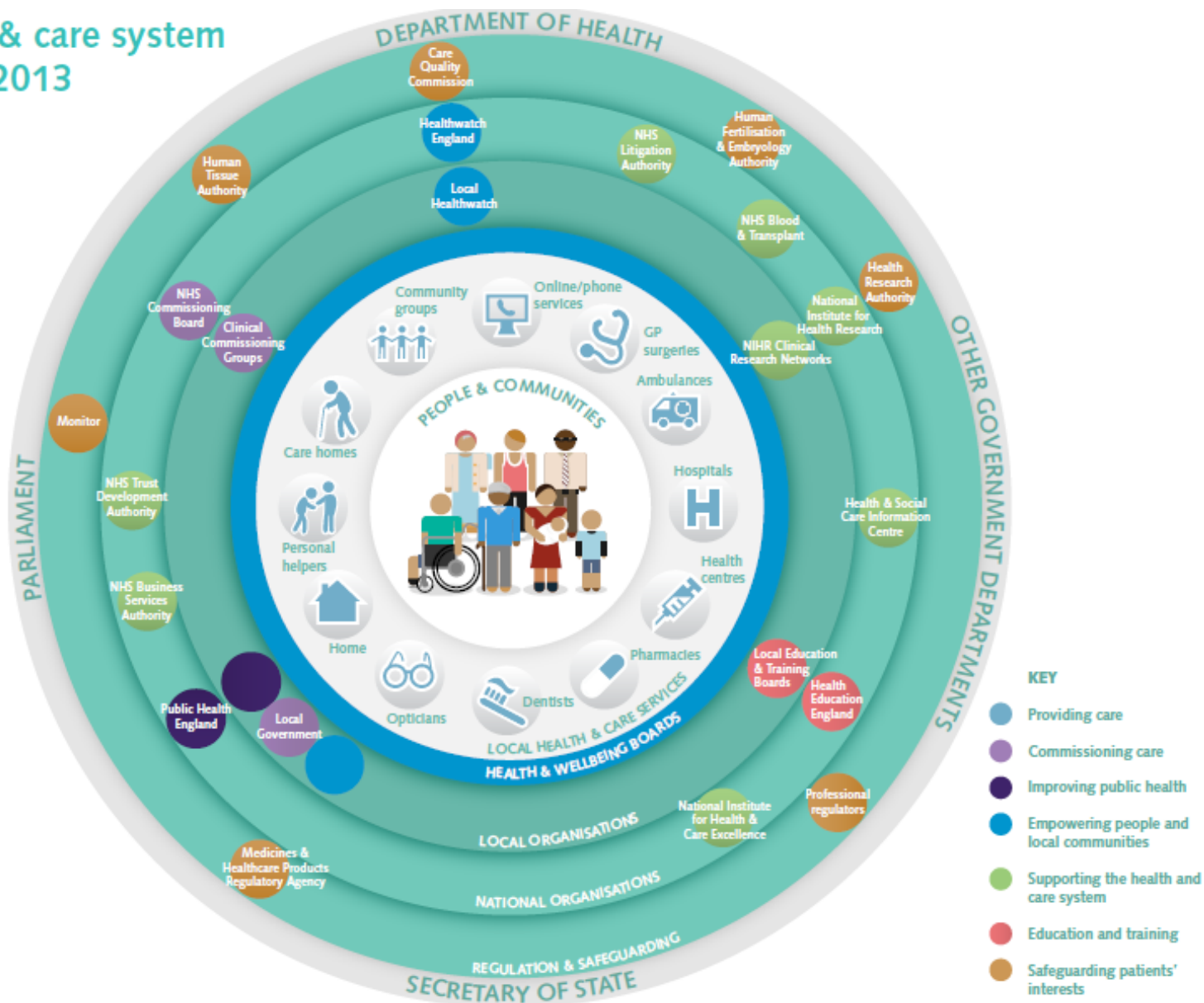
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The health & care system from April 2013





Adaptation and health - policy

Health Effects
of Climate
Change 2002

UKCIP02

Climate Change Act
2008

Health Effects
of Climate
Change 2008

UKCP09

Climate Change Risk
Assessment
January 2012

Health Effects
of Climate
Change 2012

National Adaptation
Programme
2013

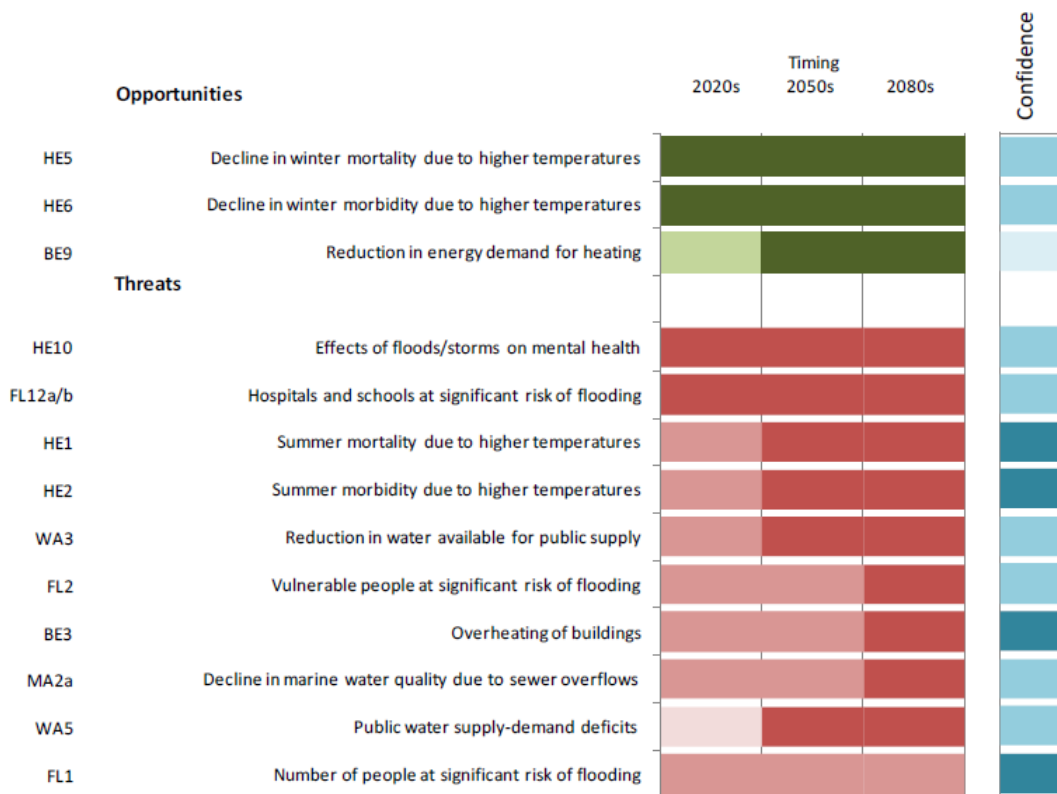
Committee on
Climate
Change

Adaptation
Economic
Assessment



CCRA 1 - 2012

Figure 6.1 Summary of health and wellbeing impacts with an indication of direction, magnitude and confidence





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Health Impacts of Climate Change



Health Effects of Climate Change in the UK 2012

Current evidence, recommendations and research gaps

Sotiris Vardoulakis and Clare Heaviside (Editors)



1. Climate change in the UK: evidence and projections
2. Temperature effects
3. Air pollution
4. Aeroallergens
5. Health effects of cc in the indoor environment
6. Cc, ultraviolet radiation and health
7. Flooding
8. Vector-borne diseases
9. Water and food-borne diseases
10. Health co-benefits of policies to reduce greenhouse gas emissions



NAP Objectives – ‘health’

Objective 11:

To reduce the risk of death and illness associated with severe weather events and climate change and increase preparedness and resilience to the impacts on public health.

Objective 12:

To promote climate resilience within the NHS, public health and social care system to ensure continuity of services and resilient assets/ estates including the ability to deal with the increased demand for services associated with severe weather related events.

The National Adaptation
Programme

Making the country resilient
to a changing climate

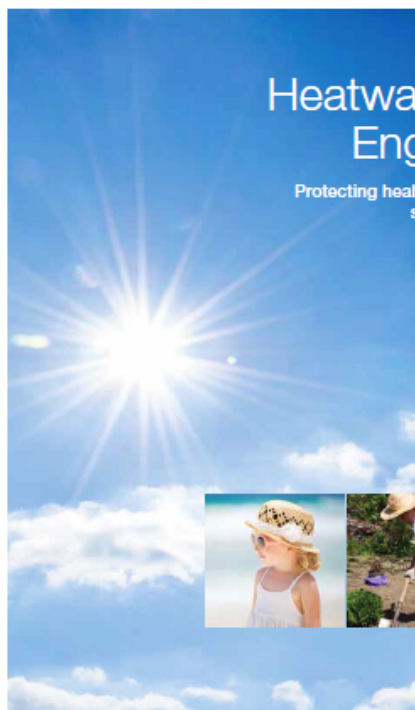


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PHE and the NAP – some examples



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Local
Government
Association

Met Office



Department
for Environment
Food & Rural Affairs

www.gov.uk/defra

The National Flood Emergency Framework for England

October 2013

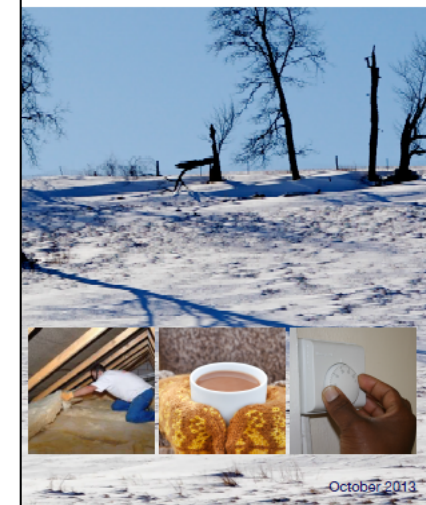


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PREPARING FOR EMERGENCIES

Cold Weather Plan for England 2013

the case: why long-term strategic planning
weather is essential to health and wellbeing



Local
Government
Association

Met Office

NHS
England



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The Heatwave Plan & companion docs



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NHS
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Heatwave Plan for England 2014

Protecting health and reducing harm from
severe heat and heatwaves



May 2014



Making the case: the impact of heat of heat on health - now and in the future

PDF, 350KB, 21 pages

This file may not be suitable for users of assistive technology. [Request a different format.](#)



Advice for health and social care professionals: supporting vulnerable people before and during a heatwave

PDF, 264KB, 18 pages

This file may not be suitable for users of assistive technology. [Request a different format.](#)



Advice for care home managers and staff: supporting vulnerable people before and during a heatwave

PDF, 264KB, 14 pages

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Looking after yourself and others during hot weather

PDF, 328KB, 7 pages

This file may not be suitable for users of assistive technology. [Request a different format.](#)



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Heatwave Alert Levels

Figure 2.1: Heatwave Alert levels

Level 0	Long-term planning <i>All year</i>
Level 1	Heatwave and Summer preparedness programme <i>1 June – 15 September</i>
Level 2	Heatwave is forecast – Alert and readiness <i>60% risk of heatwave in the next 2–3 days</i>
Level 3	Heatwave Action <i>Temperature reached in one or more Met Office National Severe Weather Warning Service regions</i>
Level 4	Major incident – Emergency response <i>Central Government will declare a Level 4 alert in the event of severe or prolonged heatwave affecting sectors other than health</i>

LOCAL Threshold temperatures

Threshold maximum day and night temperatures defined by the Met Office National Severe Weather Warning Service (NSWWS) region are set out below.

Maximum temperatures (°C)

NSWWS Region	Day	Night
London	32	18
South East	31	16
South West	30	15
Eastern	30	15
West Midlands	30	15
East Midlands	30	15
North West	30	15
Yorkshire and Humber	29	15
North East	28	15



Research gaps for heat identified in HECC

- Quantification of preventable heat- and cold-related mortality and morbidity, focusing on vulnerable population groups.
- Understanding the role of the Urban Heat Island in exacerbating the impact of climate change on mortality rates.
- Improved understanding of the role of planned adaptation strategies and long-term physiological changes.
- Provision of input to public health plans, and evaluation of the effectiveness.



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National Flood Emergency Framework for England

[https://www.gov.uk/government/
uploads/system/uploads/
attachment_data/file/254292/
pb14033-national-flood-
emrgency-framework.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/254292/pb14033-national-flood-emrgency-framework.pdf)



Department
for Environment
Food & Rural Affairs

www.gov.uk/defra

The National Flood Emergency

Framework for England

October 2013





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WHO Europe / PHE

Floods: Health effects
and prevention in the
WHO European
Region



PHASE

FLOODS IN THE WHO EUROPEAN REGION: HEALTH EFFECTS AND THEIR PREVENTION



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New advice leaflet:

- Based upon the findings of 4 focus group discussions
- Divided into flood stages (pre, during, post)
- Key messages agreed in the National Flood Emergency Framework
- A multi-agency approach to ensure consistent messaging across government departments.



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**FLOODS
DESTROY**
BE PREPARED

Flooding: Advice for the Public

This document contains advice on:

- planning for flooding before it happens,
- what to do during a flood,
- recovering and cleaning up after a flood

Public Health England has more information about health and flooding: www.hpa.org.uk/Flooding

The Environment Agency has more information about flooding: www.environment-agency.gov.uk/homeandleisure/floods/

The Food Standards Agency has more information about food safety during flooding: www.food.gov.uk/policy-advice/microbiology/flood

This document has been prepared by Public Health England in collaboration with the Environment Agency (England) within the EU project Public Health Adaptation Strategies to Extreme weather events (PHASE contract number EAHC20101103).





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**FLOODS
DESTROY**
BE PREPARED

Health following

This factsheet
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Some examples c

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- family and soci
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- feelings of loss
- economic stres
homes, loss of
resources
- stress arising fr

Floods – how

This leaflet provides
and your family safe
available at www.gov.uk

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anxiety are normal in

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Guidance Essential response

Flooding – Frequently Asked Health Questions

[“I think floods may be coming soon to my local area - what should I do?”](#)

[“What is the most dangerous thing about a flood?”](#)

[“What’s the best health advice - isn’t there a risk from bugs in the water?”](#)

[“Why doesn’t PHE recommend testing floodwaters routinely?”](#)

[“What if I start to feel unwell?”](#)

[“Did many people fall ill after the summer 2007 floods?”](#)

[“How do I check if my local health services are affected \(eg GPs, outpatient appointments\)?”](#)

[“Should I take any precautions regarding my children?”](#)

[“Should I take any precautions regarding my pets?”](#)

[“Is food safe to eat?”](#)

[“How do I prepare food safely?”](#)

[“What do I do with flood-damaged food?”](#)

[“How should I clean up my home safely?”](#)

[“What should I do if my domestic property is flooded?”](#)

[“How and what to clean”](#)

[“What are the chemical hazards involved in floods and cleaning up?”](#)

[“Who is responsible for the safety of my mains water supply?”](#)

[“My mains water tastes funny - what should I do?”](#)

[“How do I use tap water that may be contaminated?”](#)

[“I’ve been advised to boil my mains water - what do I need to know?”](#)

[“What if my water comes from a private supply?”](#)

[“How do I clean bowls and buckets for water containers which have been in the floodwater?”](#)

[“How should I use the bowser and bottled water supplied to replace mains water?”](#)

[“How do I flush the toilet with no mains water?”](#)

[“What if the toilet can’t be flushed at all because of blockage?”](#)

[“How will I know if my septic tank system has been affected?”](#)

[“If I don’t have mains water how should I bottle feed my baby?”](#)

[“How do I bathe my child without mains water?”](#)

[“Can I use water for my contact lenses?”](#)



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Research gaps for floods identified in HECC

- Climate change is likely to affect river and coastal flood risk.
- Central precipitation estimates show winter rainfall increasing and summer rainfall decreasing.
- Understanding how floods (and droughts) affect both physical and mental health of populations.
- Development and evaluation of public health action plans, advice and guidance





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PHE & NAP Work Programme

Stage 1 “Mapping and gapping”

Stage 2 Develop the PHE NAP work programme

Stage 3 Support local and national delivery, including public communication





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